

## THE INFORMED DISCLOSURE STATEMENT

I, Jennie Isbell Shinn am not a doctor.

I am an herbalist and educator. Please feel encouraged to ask about my training and background for a better understanding of the field and my location in it.

My primary goal is to help you nourish and support your body. You are encouraged to discuss your health concerns with your other healthcare providers. You should notify your physician(s) of any herbs or supplements you are using. It is your responsibility to tell your herbalist of any prescription medications you are using. Some pharmaceuticals and some herbs should not be used together.

Good health is your own personal responsibility: the final decision in any recommendation – whether to follow it or not – is always yours.

**The nature of this herbal consultation is educational:** it is important that you have a good understanding of what we discuss, no matter how many questions you need to ask. I encourage your continued research and self-education as you walk the herbal path.

I am not a doctor, I am not dispensing medical advice, and I am not diagnosing or treating any medical conditions. I am providing information and education from the perspective of traditional herbalism. Any herbal preparations I provide are to be considered a sample to aid in your personal investigation into the effects of herbs in your own body.

As part of my professional commitments, I refer cases beyond my capacity to other practitioners. I frequently participate in clinical herbal roundtable discussions and connect with mentors in the field. At times, I may discuss, anonymously, details you share in our work together in order to collect their opinions and recommendations. By signing below, you acknowledge understanding and acceptance of these disclosures. Please bring any concerns or questions to me prior to signing so that we may insure mutual understanding.

Client Signature: \_\_\_\_\_

Date: \_\_\_\_\_